Visual-spatial learners (VSLs) are our artists, inventors, builders, creators, musicians, computer gurus, visionaries and healers. They are empathic and, often, very spiritually aware, even when very young. These children have powerful right hemispheres and learn in multi-dimensional images, while most schools, most teachers and most curricula are a haven for left-hemispheric thinking, or auditory-sequential learners; children who think and learn in words, rather than images, and in a step-by-step fashion. Though visual-spatial students are often very bright, they don’t always find success in academic environments.

Those who favor the right hemisphere of their brains, kids I refer to as “topsy-turvy,” are at a disadvantage in traditional classrooms. One of the many challenges they face is learning to read. In today’s schools, most children are taught to read using a phonetic approach. However, for the visual-spatial learner (VSL), this is counter-intuitive to how they think and learn. Many VSLs have a hard time with phonics because the
strategy is to teach reading by breaking down words into their smallest sounds like: ra, ta, ga, and fa. Then, you are to build on those small sounds to form whole words. Visual-spatials understand big picture information first, not the smallest details! Because VSLs think in pictures, they need to read in pictures. What is the picture of “ga”? Or of “the”? Can you create a mental picture of “the”? But when VSLs are taught to read by looking at whole words first, not the smallest sounds, they can easily create mental pictures for those words and learn them permanently. A beginning reader can make mental pictures for numerous sight words and often, the more difficult the words, the better. There is a distinction in the shape of the letters that form “xylophone” or “Disneyland,” that the visual-spatial won’t find when reading the word, “an”.

Some words just naturally make you think of a picture because of the shape the letters make; like the letters “M” and “N” do in the word MouNtaiN.

MOUNTAINT

Or “rain” when you add a raindrop to dot the “i” like my son did for me.

rain
Your beginning readers can probably think of many more ways to draw words that include pictures. For words that they can’t create a picture for (like “an,” or “the”), they can make a picture of the word by shaping it out of string, Wikki Stix, or clay. Some schools use letters made out of sandpaper so the student can trace over the shape of the letter with a finger. Any of these techniques will help to create mental images of the new words they are learning to read.

Whole words can be placed on large index cards and hung from a key chain or stored in a special word box. Then, the beginning reader can practice sorting all the words with similar starting sounds, similar ending sounds or other categories they think up. This is called, “analytic phonics,” and will help any reader become even better.

**Speed reading**

I have one huge tip for visual-spatial learners regarding reading: speed read! Just like beginning readers have no need for picture-less words such as “the,” “and,” “like,” and so on, the child who is ready to progress in reading isn’t creating pictures for these words, either. So, just skip them! Have your visual-spatial children practice running their fingers, very quickly, over one line of words, then the next. Teach them to just jump right over the words that their mind doesn’t have a picture for. Here’s an example. First, read this sentence:

Then, on the following morning, Jody ran to the nearby grocery store to fetch a gallon of fresh milk for his mother.

Now, watch how much easier you can make reading this line by skipping over the words that have no mental picture, by reading only the words that create an image in your mind:

Morning, Jody ran store gallon milk for mother.
Can you do it? Can you skip the picture-less words? Was it easier? Are you missing any facts from the first sentence? Does the sentence with much fewer words still make a picture in your mind of what the character is doing, when and for whom? You don’t even need the adjective “fresh” because you know he’s buying it that morning, right? Isn’t it easier to make a mental picture when you don’t have to stop and read the picture-less words? The next time your kids have a reading assignment, try speed reading with them and see if it helps speed the process yet aid in remembering all the details.

If your children need help recalling the pictures they are mentally creating, have them keep “notes,” as actual drawings. They should do this in the margins, if it’s their book or in a separate notebook if the book does not belong to them. Really important information such as the plot of the story, or dates of information, or names of characters they are studying, should be included in their drawings.

**Re-reading for important information**

Remember reading your own schoolbooks and saying to yourself, “Whoa, I know that’s gonna be on the test”? Did you know this because what you just read had a name or date or definition or because it was printed in bold or italic letters? When I was in school, I used to fold the corners of the pages that had this kind of important information which got me in hot water because the book had to be used again the next year and the pages would already be “dog-eared.” Today’s office supply stores offer so many great products including sticky Post-It tabs that come in a variety of colors. Show your kids how to use them to mark the exact line on a page of the important information they just read. They can stick them right on the line of the text, with the colored tab sticking out off the side of the page. This way, they can easily find the exact line they need to remember. They
should use certain colored tabs for certain types of information. Maybe green tabs are for dates they have to remember? Or blue tabs for names? Whatever system works for them.

**One more note about reading**

If your visual-spatial kids are having difficulty reading, you might consider offering comic books or fantasy books with lots of visuals. Perhaps books on something they really want to learn about, a favorite animal, or children in another country, or something they will find interesting enough to keep trying. You might consider checking out recorded books from a library. Nearly every book they might be asked to read for a book report is available on tape or CD. Don’t replace reading with a movie or made-for-TV version, though. Too much of the story may have been changed and they’ll miss the chance to create their own characters and scenes in their imagination. But listening to a book, instead of reading it themselves, will free them to use the author’s words to create mental movies. Listening to the story often helps visual-spatial learners remember the plot and characters better because they can then “see” the story. When they listen to the story, they don’t have to spend time decoding the words and forgetting to follow the story line.

Also, many books come with larger print size. Often this makes it easier on their eyes. Or, you could photocopy a book’s pages to make the print size larger. Some kids find reading easier when they use a colored transparency, like yellow or green, and place that over the page. Also, there are books by Barrington Stoke Publications that are printed on special paper using a font that has been proven easier to read for many. You can find these at [www.BarringtonStoke.co.uk](http://www.BarringtonStoke.co.uk).
Other strategies for helping beginning readers conquer this new task include using magnetic letters and words on refrigerators and file cabinets, and labeling everything in your house including the furniture, stairs, doors, etc. Make your home one gigantic visual dictionary! You can also play games with words: what rhymes with ____, or play Scrabble®, or Boggle® with added pictures, make up your own games! Use clay or Wikki Stix® to write (shape) fun and interesting words that will become mental pictures for them.

Whatever strategy you employ to help your beginning VSL reader, know that they will eventually master this skill, they just may not be wired for learning it the “old-fashioned” way, by using phonics. There are other options available. A sight or whole word approach is often what helps them break the code. Be sure to encourage reading all the time by continuing to read to your children, even after they have mastered reading. As an early grades teacher, I saw plenty of reluctant readers who were afraid of losing “Mommy” or “Daddy Time” if they learned to read on their own. At 11 and 13, my children and I still enjoy cuddling on one sofa or bed for a good story.

Alexandra “Allie” Golon is Former Director of the Visual-Spatial Resource, a subsidiary of the Institute for the Study of Advanced Development, in Denver, Colorado. As a founding member of the Visual-Spatial Resource Access Team, a former G/T teacher and homeschooling parent to two exceptionally gifted visual-spatial learners, Allie brings a wealth of experience to her books, Raising Topsy-Turvy Kids: Successfully Parenting Your Visual-Spatial Child and, If You Could See the Way I Think: A Handbook for Visual-Spatial Kids which has also been used by teachers as a rich source for classroom strategies. Allie has been invited to present on parenting and teaching visual-spatial learners and on homeschooling issues at state, national and international venues. She has counseled dozens of families regarding harmoniously parenting visual-spatial learners as well as on various homeschooling issues, and has appeared on talk radio programs and in various print media. Allie can be reached at Allie@Visual-Learners.com.